THE good eating co.

Appendix A





a) Outline menu offer, showcasing the quality and demonstrating how this would change daily / weekly etc.

Our vision for the café at TA Associates is to create an environment that feels vibrant, welcoming, and tailored to the rhythm of the building. The food and beverage offer will be designed to support productivity throughout the day- from energising breakfasts to relaxed yet refined lunches- all anchored by a consistent barista-led coffee service.

Like TA Associates, our current clients value balanced, health-conscious menus, where protein, fruit and vegetables are the stars and carbs are secondary.

A sense of belonging in a corporate world

In an investment or professional services environment, the name Kin brings warmth and humanity. It positions the café as more than just a place to grab coffee, it becomes a social anchor within TA Associates, where colleagues connect and relationships strengthen. Kin implies familiarity, trust, and shared purpose, the same qualities that underpin strong partnerships in business.









BARISTA BAR

BEVERAGES

GEC COSTADORO BLEND

Espresso

Macchiato

Americano

Caffe Latte

Flat White

Mocha

Cicciobon Hot Chocolate
Selection of Bird & Blend Tea

SPECIALS

Iced Drinks
Seasonal Specials
Iced Teas

FRESH FRUIT

Banana

Kentish Apples

Figs

Plums

Easy Peel Citrus

BREAKFAST POTS

Organic Yoghurt & Homemade Granola (v)

Coconut Bircher Muesli, Fresh Berries (vg)

Seasonal Fruit Pot (vg)

Smoked Salmon, Avocado & Soft Egg

JUICES

Summer Berry & Yoghurt Smoothie
Fresh Berries, Organic Yoghurt,
Blossom Honey

Vitaliser Juice

Apple, Carrot, Celery, Ginger & Orange

B-Energise Juice

Pineapple, Spinach, Kale & Apple

Protein Charger

Espresso, Almond Butter, Dates, Whey Protein, Milk, Raw Cacao



BREAKFAST

TOASTED

Sourdough

White Tin

Whole Wheat

English Muffin

Classic Bagel

Unsalted Butter

Dairy Free Spread

Marmite

Jam

Marmalade

Peanut Butter

BREAKFAST BOWLS

Organic Yoghurt & Homemade Granola (v)

Coconut Bircher Muesli, Fresh Berries (vg)

Seasonal Fruit Pot (vg)

Smoked Salmon, Avocado & Soft Egg

WHOLE FRUIT

Banana

Red Apple

Flat Peach

Nectarine

Easy Peel Citrus

SEASONAL CUT FRUIT PLATTER

DAILY SALAD

- M Kale Caesar (v)

 Harissa Roasted Carrot, Quinoa & Watercress (vg)

 Beetroot & Pomegranate Slaw (vg)
- Roast Squash, Buttermilk & Soft Herbs (v)
 Roasted Cauliflower, Freekah Pilaf & Rose Harissa (vg)
 Bitter Leaves, Grapefruit Dressing (vg)
- W Baked Celeriac, Lime & Coconut Yoghurt (vg)
 Charred Broccoli, Brown Rice & Tahini (vg)
 Parsnip & Apple Slaw (vg)
- Grilled King Cabbage & Miso (vg)
 Wholegrain Tabbouleh (vg)
 Smacked Cucumber, Sesame & Tamari (vg)
- Steamed Tenderstem, Labneh & Toasted Walnuts (v)
 Roasted Potaotes, Dill & 'Mac' Sauce (vg)
 Celeriac Remoulade (v)

WEEKLY PROTEINS

Peri Peri Roast Chicken

Seared Salmon, Thai Herb Salad

Crisp Polenta, Chargrilled Vegetable Antipasti (vg)

MAINS

- M Tunworth Cheese & Potato Pithivier, Sauteed Greens (v)
 Seared Hanger Steak, Raddichio Treviso & Horseradish Vinaigrette
- T Ox Cheek Ragu, Pappardelle, Pangritata
 Salt Baked Heritage Beetroot, Smoked Quinoa, Watercress (vg)
- W Sweet Potato Falafel Mezze (vg)
 Steamed Cod, Chilli & Lime Soba Noodles
- T Railway Lamb Curry, Braised Rice, Carrot Sabzi
 Ricotta & Hazelnut Stuffed Mushrooms, Shaved Celeriac (v)
- F Parmigiana de Melanzane, Dressed Rocket (v)
 Seared Pork Fillet, Antipasti Vegetables, Braised Barley Pilaf







THE GOOD COTING CO.

Thank You

